

# What You Can Expect from this Best Practice

## PURPOSE

- To consciously choose and record what you want to accomplish professionally and personally over the next 3 months, 1 year, 3 years and 5 years
- To define your pinnacle of success: Your Ideal Life
- To repeat the goal-setting process regularly
- To keep a long-term record of your goals and objectives
- To celebrate achievement and success
- To gain clarity about what really matters to you

## EXPECTED RESULTS

You will:

- Become aware of exactly what is important to you professionally and personally
- Be more likely to achieve your goals if you regularly review them and write them down
- Notice a new level of awareness and accomplishment
- Feel empowered with this proactive approach to managing your success

## ACCOUNTABILITY

You will:

- Review your Ideal Life and Life's Goals every three months
- Acknowledge and celebrate the goals you achieve each quarter
- Assess and/or change the goals you do not achieve each quarter
- Be open and honest about your unique definition of Ideal Life and the Life Goals which support it
- Discuss your goals with those individuals you feel appropriate to share them with