

## Challenges Can Be Opportunities

One positive thing that's come from the pandemic crisis and the stay-at-home orders across the country is that many of us are spending more time than ever with family. More than ever, we depend on each other for strength and to stay focused on better days ahead.

One valuable way to spend family time is to open up a discussion about your financial strategy. Looking for positive signals and opportunities in times of crisis demonstrates valuable lessons about overcoming adversity. There are things we can do together now that will help move your strategy forward towards your long-term goals, as well as steps we can take to help you during the short-term.

Let's look for the positive in adversity. Please feel free to reach out to discuss how you are managing at home and any part of your financial strategy.

Here are some articles I found helpful. Enjoy and share with your network.



### Suffering Through Your First Financial Crisis? Read This to Relax

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### Here's Why Some Investors Panic. And Here's How to Make Sure You Don't.

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