![C:\Users\Sherri\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\91W84II1\MC900234083[1].wmf]()**Ideal Life & Life’s Goals Worksheet**

Name: Click and type

**Date:** Click and type

STEP 1: DEFINING YOUR IDEAL LIFE

Describe your IDEAL LIFE in detail. You may want to consider some of the following:

* How can my business serve me?
* How do I define professional fulfillment?
* How do I define personal fulfillment?
* Who do I want to be spending more quality time with?
* What type of service work do I want to do or do more of?
* Are there any hobbies or interests that I want to begin or spend more time on?
* Is there anything I want to initiate (or continue with) to maintain my health & well-being?
* What is the legacy I wish to leave/build?

The more comprehensively you describe the vision of your Ideal Life, the more clarity you will have about your purpose and intent going forward. You may wish to use the diagram on the following page to explore different areas of your life. Also remember, format is not important here so use bullet form or paragraph format – whichever you prefer.

**MY IDEAL LIFE:** Click and type

STEP 2: DEFINING YOUR LIFE GOALS

What are the milestones along the way to achieving your Ideal Life?

My 3 Month Goals:

Professional

* Click and type

Personal

* Click and type

My 1 Year Goals:

Professional

* Click and type

Personal

* Click and type

My 3-5 Year Goals:

Professional

* Click and type

Personal

* Click and type

My 5-10 Year Goals:

Professional

* Click and type

Personal

* Click and type