**Your Ideal Life Worksheet**

Step 1: Defining Your Ideal Life

Describe your IDEAL LIFE in detail. You may want to consider some of the following:

* How do I define professional fulfillment?
* How do I define personal fulfillment?
* Who do I want to be spending more quality time with?
* What type of service work do I want to do or do more of?
* Are there any hobbies or interests that I want to begin or spend more time on?
* Is there anything I want to do to maintain or improve my health & well-being?
* What is the legacy I wish to leave/build?

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**My Ideal Life…**

Step 2: Defining Your Life Goals

What are the milestones along the way to achieving your Ideal Life?



My 3 Month Goals:

Professional:

Personal:

My 1 Year Goals:

Professional:

Personal:

My 3-5 Year Goals:

Professional:

Personal:

My Longer-Term Goals:

Professional:

Personal: